

## 2018 U3A Course Information Updates

### **Monday:**

Family History and the Internet: This course will now run **fortnightly** beginning February 5<sup>th</sup>.

Conversations in Wodonga: This course will not begin until the second week **February 12<sup>th</sup>**.

### **Tuesday:**

How to Make Good Photos: This course has been **cancelled** due to the unavailability of the coordinator. If any member is interested in or knows of someone who would be willing to take the group could you please let me know.

### **Wednesday:**

**New Course:** The Social Gardener:

This course is for those of us who love gardening, would like to visit gardens and meet on a social basis to discuss flowers, trees, butterflies and all that blooms and grows (or not grows in some cases). It is also intended to take up the overflow of U3A members who were unable to register, but will still remain on the waiting list, for the regular Garden Groups. The Social Gardener members will join with the Shirley Garden Groups for guest speaker days (in the auditorium) and excursions. E.g. Melbourne Garden Show, garden visits.

Coordinator: Pauline Harris

Venue: Pre-determined coffee shop, nursery, etc.

Day/Time: The 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Wednesday of each month. 10am - 12noon

Starting: 7<sup>th</sup> February

Cost: Nil

Note: Please refer to insurance notes on the last page of 2018 Course Guide.

Mah-Jong: Continued interest in this course has once again led to large numbers. As occurred last year, two rooms will be available on Wednesday afternoon.

International Relations 1: The course will not begin until **February 21<sup>st</sup>** as Gerry will not be available on the 14<sup>th</sup>, so please disregard the email sent earlier this week with the incorrect starting date.

### **Thursday:**

International Relation 2: The course will not begin until **February 15<sup>th</sup>**. Gerry's class is full with a long waiting list. At this stage we think the fairest way is for Gerry to run this course for Semester 1 and **repeat** the same course in Semester 2, to accommodate all members. Gerry is happy to do this.

### **Future Program:**

The Healthy and Wise Program: Semester 2

This program is available for men and women over the age of 55 who want to improve their health, well-being and satisfaction with life. Programs are delivered by Albury Wodonga Health, in partnership with health and community services and

organisations across the North East and Albury Border communities. The program runs for 8 weeks. Each session would be of a 2 hour duration. I have booked the program for Semester 2. Details of session content will be given later in the year along with possible dates and times.