

Albury-Wodonga U3A is located at
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October Newsletter 2018

Editors : Edward Voogt & Tony Keys | Publication Date : **26th September 2018**

Albury-Wodonga U3A 2018-19 Committee Members

Edward Voogt (President & Member Services Director) • Helen Casey (Vice President) • Dianne Fontana (Secretary) • Keith Martin (Treasurer) • Pat Madin (Programme Director) • Peter Massey (Systems Director) • John McLennan (Vicnet & Regional Liaison) • Tony Keys (Newsletter) • Diana Pape

U3A Albury-Wodonga

Special Members' Meeting

10:00 a.m. 12th October 2018

The Special Members' Meeting has been convened for **10:00 a.m. sharp** to put the following motion :

"That 2019 fees be raised to \$75 + GST (\$82.50)"

As this is also the date of our Information Coffee Morning in Victorian Seniors Week, we need to start the meeting promptly at 10.00 to allow for any discussion.

Our coffee morning is coinciding with Victorian Senior's Festival, so we have invited members of the community to come along to meet with us and to hear about our wonderful organisation. Apart from your own attendance, if you have friends or neighbours who you think may be interested, please bring them along. There will also be a PowerPoint presentation showcasing Albury Wodonga U3A.

Di Fontana, Secretary

2018 Semester 2

Term 4

8th October - 7th December

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Next Committee Meeting

Friday 5th October

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October Coffee Morning

Friday 12th October Room 9

10:00 a.m.

Special Members' Meeting

10:30 a.m.

Victorian Seniors' Festival Event

Westmont Aged Care Services Coffee Morning 14th September

Peter de Koeyer (CEO) and Ann O'Grady (Business Development Officer) of Westmont Aged Care Services In Baranduda, both spoke in an entertaining and informative manner on the subject of aged care in the Albury Wodonga area, a highly topical subject for the age demographic of U3A members.



Peter related the history of Westmont (NOT Westfield as I accidentally introduced him!), as a not-for-profit organization opening their first facility in 2008, Westmont Homestead, a residential palliative aged care centre. In 2010 twenty serviced apartments were built as stage one of this project catering for more independent aged people who can move to full care in the Homestead if required. These apartments cost 79% of the Aged Pension but provide meals, cleaning and laundry, shopping trips to Wodonga once a week as well as the independence so many of us value so highly.

In 2011 a third part of the program was opened with the construction of 113 villas called The Village. This number will be expanded to 123 by the end of this year. The purchasers of these villas have the peace of mind that, as members of the Westmont community, they can easily move to higher levels of care as required.

Ann spoke of Westmont's outreach into the wider community, a response to the

government's emphasis on stay-at-home care as insufficient beds will be available in aged care facilities to meet the anticipated demand in the near future. The services provided by Westmont, in conjunction with Wodonga Council and other organizations, include respite for carers, Meals-on-Wheels, personal care and domestic assistance. Over 1200 people are helped through this service.

John McLennan

"The Europeans" at Indigo U3A, Beechworth

The course is now continuing as a 'pilot' at Indigo U3A, with a new format. Anyone interested can find details on the Indigo website :

indigo3a.net

Classes take place on Wednesdays, 2 pm - 4 pm at the Beechworth Youth Centre (Old Railway Station). The remaining classes this semester are scheduled for :

October 10 & 24

November 7 & 21

John Shilling

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